

### Case Study 3

The Working Matters project supports residents on Employment and Support Allowance and Universal Credit with a health condition, to move into sustainable employment. Delivered in a partnership between the DWP and individual City Region Councils, Inverclyde Council has contracted Inverclyde Community Development Trust to deliver the local programme.

Angela (53) registered with Working Matters in June last year due to issues with anxiety and confidence. She was referred to a mindfulness group and after participating in the sessions went on to take various pre-vocational courses including healthy eating and Arts. This then progressed to a seven week vocational care course with the Trust which included a work experience placement with a local care provider, following which Angela was interviewed for a role and offered employment.

Speaking of her experience, Angela says: "I joined Working Matters a year ago. They helped me build my confidence back up after being on ESA. I joined the Trust Care Course and on the last day got a phone call from the company I am now working with, had my interview on the Wednesday and started on the Friday. Having worked with Working Matters and how they have helped me I would recommend them to anyone in a similar situation. They don't force you to do anything but encourage you to be the best you can eventually be."